

**LEVELS TRAINING - Class Schedule**  
 ★ Effective Friday, 1/4/2019 ★

CLASS LEVEL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LEVELS ORIENTATION			7:15-8:00pm			10:00-10:45am	
LEVEL 1 - MORNING	9:15-10:00am				11:00-11:45am	9:45-10:30am	10:30-11:15am
LEVEL 1 - AFTERNOON	12:15-1:00 pm	2:00-2:45pm	1:00-1:45pm		4:00-4:45pm		
LEVEL 1 - EVENING	8:30-9:15pm		7:30-8:15pm	7:30-8:15pm			
LEVEL 2 - MORNING	11:15-12:00pm					10:45-11:30am	11:30am-12:15pm
LEVEL 2 - AFTERNOON	1:15-2:00pm		2:00-2:45pm		3:00-3:45pm	4:10-4:55pm	
LEVEL 2 - EVENING	6:00-6:45pm	6:00-6:45pm	8:30-9:15pm	8:30-9:15pm			
LEVEL 3 - MORNING						8:45-9:30am	
LEVEL 3 - AFTERNOON	2:15-3:00pm	3:00-3:45pm	12:00-12:45pm	3:45-4:30pm		3:15-4:00pm	12:30-1:15pm
LEVEL 3 - EVENING		6:50-7:35pm	6:15-7:00pm		5:00-5:45pm		
LEVEL 4 - MORNING	10:15-11:00am						
LEVEL 4 - AFTERNOON		1:00-1:45pm	3:00-3:45pm	4:45-5:30pm		1:15-2:00pm	1:30-2:15pm
LEVEL 4 -EVENING		7:40-8:25pm			8:30-9:15pm		
LEVEL 5 - MORNING					10:00-10:45am		
LEVEL 5 - AFTERNOON						2:15-3:00pm	3:40-4:25pm
LEVEL 5 - EVENING		5:00-5:45pm					

\*\*\*\*\*Instructor schedule subject to change based on availability.\*\*\*\*\*

Nidia Vasquez	Karen Okura	Pamela Davis	Shannon Sullivan
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○ = change in time from previous schedule